



Tensing Pen

SOUPS

a bowl to start

CHILLED CUCUMBER SOUP

chicken stock, sour cream and spices

5.00

LENTIL AND COCONUT

a hot vegetable soup with coconut cream cumin served with garlic toast

5.00

VEGGIES & LUNCH SALADS

Fresh seasonal vegetables

CALALOO FRITTERS

greens (like spinach) served with a yoghurt sauce and salad

6.00

VEGETABLE SPRING ROLL

fresh vegetables, wrapped in rice paper with a light dipping sauce

6.00

SMOKED MARLIN SALAD

over cubed sweet potatoes with cucumber, onions, capers, tomato with a pepper jelly vinaigrette

8.00

ESCOVEITCHED CHICKEN SALAD

chilled chicken breast marinated with pickled vegetables and tangy sauce served on salad

7.00

PIZZA & WRAPS

ACKEE PIZZA

6.00

JERK CHICKEN PIZZA

individual pizza made to order

6.00

ESCOVEITCH FISH WRAP

grilled snapper fillet, pickled vegetables, mayo, cucumber and lettuce

8.00

CURRIED PUMPKIN ROTI

with chickpeas & coconut milk rolled up with mango chutney

7.00

Prices are quoted in US Dollars, a 10% service charge and 10% Government Tax will be added to your bill.